



OBA Newsletter

May 2012

Shooting Times

Now all the hurley burleys done it seems we have reached an amicable agreement over future shooting facilities at the recreation ground. We will continue with our normal Summer shooting schedule, viz:

Monday: 6.00 pm. Beginners courses then Practice/Coaching when courses finished

Wednesday: 6.00 pm. Coaching practice

Thursday: 6.00 pm. Rounds

Friday: 6.00 pm. Rounds

Saturday: 10 am. Rounds

Sunday: 10 am / 2pm. Rounds. This is the one of the few times coaches get to shoot themselves. New members please refrain from soliciting coaching. (NB. Some prior negotiation may result in the Cricket team using the whole field on some Sundays – the Secretary will endeavour to ensure all members are informed.)

Of course ad hoc weekday morning and afternoon sessions arranged by members will continue as and when the ground is available.

Fees

Of course we can only shoot if we in good standing. You should all have heard from the treasurer about the fees for this season, if not I reattach with this email his epistle. Please do settle up promptly if you have not yet done so.

A word of advice from the Coach

Spring has sprung so it is time to get shooting. First GET READY.

Sort out the tackle box first: get rid of solid tubes of Fletchtite, sweetie wrappers the odd suspect nock and onlytwice used fletching. Sort through the inevitable pile of spare sight bits and pieces and stabilizers which you thought might come in handy some day (they rarely do!).

Make sure that you have the important bits and pieces neatly organised in your box:

- (1) Spare nocks and fletchings for your current arrows – plus appropriate adhesive.
- (2) Tools-Allen keys to fit sight, button and clicker. Screwdriver(s) and pliers are always handy.
- (3) Plasters for sore fingers.
- (4) Spare tab and spare string.

Now have a close look at that which you will shoot with:

- (1) **Arrows.** *Staightness* – not a problem with carbons but an issue with aluminium shafts which bend if they strike a glancing blow on boss or stand. Spin check for straightness and straighten as needed.
Fletchings – replace any tatty or damaged fletchings. *Nocks* – these do wear and become loose on the string. Replace.
- (2) **String** – Make a new one. If you don't know how, attend a tackle evening and learn how to. Check servings, bracing height and nocking point alignment and finally re-wax.
- (3) **Bow** – Clean the limbs and inspect for delamination, twisting and cracks. Check the riser and adjust and tighten all the locking bolts and adjusters.
- (4) **Sight** – lots of bits to shake loose and get lost. Check, clean, a touch of oil and tighten.
- (5) **Pressure button** – Make a note of current settings (spring pressure and deviation from centre shot). Dismantle button, clean with cotton buds and lint free cloth. Check for wear the Teflon or stainless steel insert which can get worn by arrow passage and the spring which can become slack through repeated use. Spares are available from Quicks and the like.

Right, having done all the above it is now time to shoot – do warm up first!

A bit of light relief (supplied by Steve Meredith)



Robin Foster writes:

This feat was achieved by Geoff Cooper on 21st Apr at 80 yards. When his arrow hit the target we heard a bit of a bang and assumed that he had probably hit the woodwork. When we got to the target we found that his arrow had actually struck one of the face pins and the ring of the pin was dangling from his arrow!



Coming soon

Concrete bows and Big Brother!